

Personal, Emotional and Social Development

Core Experiences	Texts
<p>Circle games</p> <p>Turn taking games</p> <p>2 Role plays</p> <p>Visit to Sundown</p> <p>Buddy's</p> <p>Grandparents Day</p> <p>Work with other children and adults across the school</p> <p>-Exploring real fruit and vegetables</p> <p>-Visit from dentist- oral hygiene</p> <p>-Visit from the lollypop lady</p> <p>-Crossing a road – safety (school being on a main road and many of our children are local so walk to school or have to cross the road to get to school)</p>	<p>Starting School</p> <p>Lola's first Day</p> <p>Colour monster</p> <p>Rainbow Fish</p> <p>The tortoise and the Rabbit</p> <p>Our Class is a family</p> <p>Give us a smile Cinderella</p> <p>Oliver's Fruit salad</p>

Reception
<p><i>Select and use activities and resources, with help when needed.</i></p> <p><i>Develop their sense of responsibility and membership of a community.</i></p> <p><i>Become more outgoing with unfamiliar people, in the safe context of their setting.</i></p> <p><i>Play with one or more other children, extending and elaborating play ideas.</i></p> <p><i>Talk and find solutions to disagreements with others. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</i></p> <p><i>Show more confidence in new social situations.</i></p> <p><i>Increasingly follow rules, understanding why they are important.</i></p> <p><i>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'</i></p> <p><i>Talk with others to solve conflicts.</i></p> <p><i>Develop appropriate ways of being assertive e.g. saying 'no' if they do not want to join in a game.</i></p> <p>See themselves as a valuable individual.</p> <p>Build constructive and respectful relationships with children and adults e.g. using manners.</p> <p>Express their feelings and consider the feelings of others.</p> <p>Show resilience and perseverance in the face of challenge.</p> <p>Identify and moderate their own feelings socially and emotionally.</p>

Think about the perspectives of others.

Manage their own needs; personal hygiene

Know and talk about the different factors that support their overall health and wellbeing: • regular physical activity • healthy eating • toothbrushing • sensible amounts of 'screen time' • having a good sleep routine • being a safe pedestrian

Wait their turn in games independently.

Remember rules without needing an adult to remind them.