

## P.S.H.E – Long Term Overview



**School Vision:** To be best prepared to live life in all its fullness.

**Subject Intent:** To be best prepared to move to the next stage of their journey being healthy, happy and prepared for the future.

*The Gospel offers forgiveness of the past, new life in the present and hope for the future.*

**Past = To be at peace and ready to learn:** We will heal first, through pastoral support and interventions. Reading will be prioritised so it is not a barrier to learning. Individuals won't be judged by their backgrounds and we will celebrate and understand each other.

**Present = To be inspired in the present:** Our curriculum is progressive and is mapped out with substantive knowledge (facts) and disciplinary knowledge (how we gain knowledge). Pupils will receive high quality lessons which are accessible to all through scaffolding. Pupils will learn to take responsibility for themselves and their actions and will develop empathy and understanding for others.

**Future = Hope for the future:** Children will leave Reepham with mutual respect for others. They will be a global neighbour in a diverse world. They will enter into safe and respectful relationships. They will understand differing viewpoints and will have ambition and goals ready for the next stage in their life journey.

### Our School Values

Respect	Friendship	Love
Forgiveness	Responsibility	cooperation

Year A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<p>Pre-starting families create a "Bridger folder" about home, these are used as a continuous provision</p> <p>Social and Emotional Aspects of Learning: New Beginnings</p> <ul style="list-style-type: none"> <li>- Familiarise with school, classroom, rules</li> <li>- Being friends</li> <li>- Being kind</li> <li>- Talking about feeling (happy, sad, angry, worried)</li> <li>- Others may feel different to me</li> <li>- Families - Show more confidence in new social situations</li> <li>- Develop a sense of responsibility and membership of a community</li> <li>- See themselves as a valuable individual</li> </ul>	<p>Social and Emotional Aspects of Learning: Getting on and falling out</p> <ul style="list-style-type: none"> <li>- Giving and receiving in a relationship</li> <li>- Working with others</li> <li>- Listening to others</li> <li>- Seeing themselves as a valuable individual</li> <li>- Become more outgoing with unfamiliar people, in the safe context of their setting.</li> <li>- Build constructive and respectful relationships with children and adults e.g. using manners.</li> <li>- Increasingly follow rules, understanding why they are important.</li> <li>- Dressing for the weather (keeping safe)</li> </ul> <p>British Values Additional Lessons &gt; Democracy; voting for class story</p>	<p>Social and Emotional Aspects of Learning: Resilience- Going for goals</p> <ul style="list-style-type: none"> <li>- How we have changed</li> <li>- Not giving up</li> <li>- People that care for us (emergency services)</li> <li>- Taking turns</li> <li>- Talk and find solutions to disagreements with others.</li> <li>- Show resilience and perseverance in the face of challenge</li> <li>- Healthy bodies and minds</li> </ul> <p>British Values Additional Lessons: &gt; Democracy; voting for class story &gt; Rule of law; Police and people who keep us safe (making good choices)</p>	<p>Social and Emotional Aspects of Learning: relationships</p> <ul style="list-style-type: none"> <li>- Knowing what is fair</li> <li>- Helping when someone is upset</li> <li>- Showing forgiveness</li> <li>- Identify and moderate their own feelings socially and emotionally.</li> <li>- Think about the perspectives and feelings of others.</li> <li>- Manage their own needs.</li> <li>- Remember rules without needing an adult to remind them.</li> <li>- Know and talk about the different factors that support their overall health and wellbeing: &gt; Having a good sleep routine (sleep is important- goldilocks) &gt; Healthy eating (eating a good healthy breakfast like goldilocks)</li> </ul>	<p>Social and Emotional Aspects of Learning: Teamwork</p> <ul style="list-style-type: none"> <li>- Feelings of other living things</li> <li>- Caring for others and animals</li> <li>- Cooperative play</li> <li>- Build constructive and respectful relationships with children and adults</li> <li>- Express their feelings and consider the feelings of others.</li> <li>- Show resilience and perseverance in the face of challenge.</li> <li>- Manage their own needs (sun safety)</li> <li>- Wait their turn in games independently.</li> <li>- Road safety</li> </ul>	<p>Social and Emotional Aspects of Learning: Changes</p> <ul style="list-style-type: none"> <li>- Talk about feelings and manage their emotions</li> <li>- Preparing for and managing changes</li> <li>- Being proud and sharing accomplishments</li> <li>- Staying safe</li> </ul> <p>British Values Additional Lessons: &gt; Democracy; voting for class story &gt; Rule of law; classroom rules and school rules, how to look after animals properly</p>

	<p>- Begin to manage their own needs- hand-washing before snack and after using the toilet.</p> <p>- Support health and wellbeing: toothbrushing</p> <p>- <b>Safety: keeping private's private</b></p> <p>British Values additional lessons:</p> <p>&gt; Democracy; voting for class story &gt; Rule of law; classroom rules and school rules</p>	<p>&gt; Mutual respect for tolerance of those with different faiths and beliefs and those without faith; celebrating different festivals and celebrations.</p>		<p>British Values Additional Lessons:</p> <p>- Democracy; voting for class story -Rule of law; classroom rules and school rules</p>	<p>British Values Additional Lessons:</p> <p>&gt; Democracy; voting for class story &gt; Rule of law; classroom rules and school rules. Rules of the road</p>	
Year 1	<p>Core Theme 3 Unit Lesson 1: Rules/ Expectations - We expect</p> <p>Core Theme 1 Unit 5 Lesson 6: Internet Safety - E - Safety</p> <p>Core Theme 2 Unit 4 Lesson 1: Friendship - Forever Friends</p> <p>Core Theme 2 Unit 4 Lesson 2: Friendship - Make Friends</p> <p>Core Theme 3 Unit 1 Lesson 3: Taking Turns - It's Your Turn</p> <p>British values additional lesson:</p> <p>&gt; Democracy – School Council Voting of story books</p> <p>&gt; Rule of Law- Class Worship</p> <p>&gt; Respectful Relationships: Circle Time activities based on discussing Barry the Fish with Five Fingers (and other books from Norman's Super Library) by Sue Hendra.</p>	<p>Core Theme 2 Unit 1 Lesson 7: Good Manners – How Rude!</p> <p>Core Theme 1 Unit 4 Lesson 1: Happiness – Smile!</p> <p>Core Theme 1 Unit 4 Lesson 2: Anger – Grr!</p> <p>Core Theme 2 Unit 1 Lesson 1: Feelings – How I Feel</p> <p>Core Theme 2 Unit 1 Lesson 2: Responses – You and Me</p> <p>British values additional lesson:</p> <p>&gt; Democracy – School Council Voting of story books</p> <p>&gt; Rule of Law- Class Worship</p>	<p>Core Theme 1 Unit 2 Lesson 4: Washing Hands – Meet Grub!</p> <p>Core Theme 1 Unit 1 Lesson 1: Healthy Eating – Vote Green</p> <p>Core Theme 1 Unit 1 Lesson 2: Healthy Eating – Meat Eaters</p> <p>Core Theme 1 Unit 1 Lesson 3: Healthy Eating – Party Time</p> <p>Core Theme 1 Unit 1 Lesson 4: Physical Activity – Get Physical</p> <p>Core Theme 2 Unit 3 Lesson 2: Comparisons – All the Same</p> <p>British values additional lesson:</p> <p>&gt; Democracy – Voting of story books.</p> <p>&gt; Mutual respect- Class Worship</p> <p>&gt; Being Safe: Pantosaurous NSPCC resources “whats in your pants belongs only to you”</p> <p><a href="https://learning.nspcc.org.uk/research-">https://learning.nspcc.org.uk/research-</a></p>	<p>Core Theme 2 Unit 2 Lesson 1: Definition – A Bully is...</p> <p>Core Theme 2 Unit 2 Lesson 2: Unkindness – Blame Game</p> <p>Core Theme 2 Unit 2 Lesson 3: Behaviour – Bullying is..</p> <p>Core Theme 2 Unit 2 Lesson 4: Behaviour + and -</p> <p>Core Theme 1 Unit 5 Lesson 4: Personal Safety – Secret Surprise</p> <p>Core Theme 1 Unit 5 Lesson 5: Emotional Safety – Getting Help</p> <p>British values additional lesson:</p> <p>&gt; Democracy – Voting of story books.</p> <p>&gt; Mutual respect- Class Worship</p>	<p>Core Theme 2 Unit 3 Lesson 6: Kindness – Give a Little</p> <p>PSHE Vision Statement: To be best prepared to move on to the next stage of their educational journey, being healthy, happy and prepared for the future.</p> <p>6</p> <p>Core Theme 2 Unit 4 Lesson 5: Family – My Family</p> <p>Core Theme 2 Unit 4 Lesson 6: Family – Special People</p> <p>Core Theme 3 Unit 1 Lesson 6: Caring – Talking to Plants</p> <p>Core Theme 3 Unit 1 Lesson 4:</p>	<p>Core Theme 1 Unit 5 Lesson 1: Sun Safety</p> <p>Core Theme 1 Unit 5 Lesson 2: Road Safety</p> <p>Core Theme 3 Unit 3 Lesson 1: Money – Grows on Trees</p> <p>Core Theme 3 Unit 3 Lesson 2: Money – Coining it in</p> <p>Core Theme 3 Unit 3 Lesson 3: Money – Keep Money Safe</p> <p>British values additional lesson: Mutual Respect for others- Class Worship</p> <p>Tolerance of different faiths and belief- Class Worship</p>

			resources/schools/pants-teaching/		Lending/Borrowing – The Borrowers Core Theme 3 Unit 1 Lesson 5: Sharing – Share the Booty British values additional lesson: Mutual Respect for others- Class Worship Tolerance of different faiths and belief- Class Worship > Extremism & Radicalisation learning: PSHE Folder: Lesson 1 “Fact and Opinion”	
Year 2	Core Theme 2 Unit 4 Lesson 4: Friendship – Share Alike Core Theme 2 Unit 3 Lesson 1: Fair and Unfair – It’s not Fair Core Theme 3 Unit 2 Lesson 1: Our School – Common Goals Core Theme 3 Unit 2 Lesson 2: Belonging – I Belong Core Theme 1 Unit 5 Lesson 7: Staying Safe – I Don’t Know You > Families & People who care for me: “Two Homes” book by Claire Masurel looking at extended and separated families British values additional lesson:	Core Theme 2 Unit 3 Lesson 4: Right and Wrong – In the Right Core Theme 1 Unit 4 Lesson 5: Consequences – Good v Bad Core Theme 1 Unit 4 Lesson 6: Aspirations – It’s a Goal Core Theme 2 Unit 1 Lesson 4: Co-operation – Negotiation Core Theme 2 Unit 1 Lesson 5: Co-operation – Want to Play Core Theme 2 Unit 1 Lesson 6: Co-operation – Let’s Debate > Caring Friendships: Linda Kranz books “Only one you” & “You be you”. British values additional lesson: > Democracy – School Council Voting of story books >Rule of Law - Class Worship	Core Theme 1 Unit 2 Lesson 5: Keeping Clean – Bath Time Core Theme 1 Unit 2 Lesson 6: Skin – Skinny Tips Core Theme 1 Unit 2 Lesson 1: Dental Hygiene – Brushing up Core Theme 1 Unit 2 Lesson 2: Dental Hygiene – Bright White Core Theme 1 Unit 2 Lesson 3: Dental Hygiene – Top Teeth Core Theme 1 Unit 5 Lesson 3: Drug Safety – Magic Medicine > Respectful Relationships: “It’s okay to be different” book by Todd Parr British values additional lesson: > Democracy – Voting of story books.	Core Theme 1 Unit 3 Lesson 1: Similarities and Differences – Boys v Girls Core Theme 1 Unit 3 Lesson 2: The Human Body – Body Bits Core Theme 1 Unit 3 Lesson 3: Growing Up – All Grown Up Core Theme 1 Unit 3 Lesson 4: Changing Needs – I Need Core Theme 1 Unit 1 Lesson 5: Physical Activity – Mighty Muscles Core Theme 1 Unit 1 Lesson 6: Exercise – Workout > “Good & Bad Relationships” Twinkl resource British values additional lesson: > Democracy – Voting of story books.	Core Theme 2 Unit 2 Lesson 5: Behaviour – Help Me Core Theme 2 Unit 3 Lesson 3: Behaviour – In My Shoes Core Theme 2 Unit 3 Lesson 5: Teasing – Cry Baby Core Theme 3 Unit 2 Lesson 4: Local Citizenship – Our Local Area Core Theme 3 Unit 2 Lesson 5: Local Citizenship – Community Care Core Theme 1 Unit 3 Lesson 6: Emotions – Mood Swings Core Theme 1 Unit 4 Lesson 3: Love – Three little words Core Theme 1 Unit 4 Lesson 4: Sadness – How to Cope Core Theme 3 Unit 3 Lesson 4: Money – Shopping List Core Theme 3 Unit 3 Lesson 5: Choices – This or That? British values additional lesson: Mutual Respect for others- Class Worship Tolerance of different faiths and belief- Class Worship	

	<p>&gt; Democracy – School Council Voting of story books &gt; Rule of Law- Class Worship</p>		<p>&gt; Mutual respect- Class Worship</p>	<p>&gt; Mutual respect- Class Worship</p>	<p>Responsibility – Who’s at Fault &gt; Being Safe: Pantosaurus resources from the NSPCC, “what’s in your pass belongs only to you” <a href="https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/">https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/</a> (continued in all year groups) &gt; Extremism &amp; Radicalisation learning: PSHE Folder: Lesson 2 “Right or Wrong” &gt; Extremism &amp; Radicalisation learning: Lesson 3: Valuing differences British values additional lesson: Mutual Respect for others- Class Worship Tolerance of different faiths and belief- Class Worship</p>	
Year 3	<p>Core Theme 1 Unit 6 Lesson 2: Online Privacy – The Secrets Jar Core Theme 1 Unit 6 Lesson 3: Online Privacy – E- Protection</p>	<p>Core Theme 2 Unit 5 Lesson 1: Friendship – Best Features Core Theme 2 Unit 5 Lesson 2: Friendship – Circles Time Core Theme 2 Unit 5 Lesson 3: Friendship – Falling out</p>	<p>Core Theme 1 Unit 1 Lesson 1: Physical, Emotional and Mental – I am who I am Core Theme 1 Unit 1 Lesson 2: Physical, Emotional and Mental – Hearts and Minds</p>	<p>Core Theme 2 Unit 1 Lesson 1: Clear Messages – Dot Dot Dash Core Theme 2 Unit 1 Lesson 2: How to Listen – Listen Up British values additional lesson:</p>	<p>Core Theme 1 Unit 8 Lesson 1: How to Help – Who to Call Core Theme 1 Unit 8 Lesson 2: Emergency Calls – Calling 999</p>	<p>Core Theme 1 Unit 2 Lesson 1: A Balanced Approach – Define Healthy Core Theme 1 Unit 2 Lesson 2: Physical Exercise – Active Kids Core Theme 1 Unit 2 Lesson 3: Lifestyle Choices – It’s your choice</p>

	<p>British values additional lesson:            &gt;Democracy - School council vote (Year A and B)            &gt; Great Britain Topic Year A to cover all British Values: Democracy, Rule of law, Individual liberty, Mutual respect, Tolerance of different faiths and beliefs  <b>RSE – Online Relationships</b>            Wellbeing – Class Dojo wellbeing videos/ mindfulness plus Healthy Minds Healthy Bodies Enrichment</p>	<p>Core Theme 1 Unit 5 Lesson 1: Loss /Separation – Lost            Core Theme 1 Unit 5 Lesson 2: Loss/Separation – Found  <b>Also supplemented these lessons with ELSA planning on Friendships and the books The Invisible String &amp; Have You Filled a Bucket today?</b>  <b>British values additional lesson:</b>            &gt; Great Britain Topic Year A to cover all British values Democracy, Rule of law, Individual liberty, Mutual respect, Tolerance of different faiths and beliefs  <b>RSE – Respectful Relationships (Lost and Found book)</b>            Wellbeing – Class Dojo wellbeing videos/ mindfulness plus Healthy Minds Healthy Bodies Enrichment</p>	<p>Core Theme 1 Unit 1 Lesson 3: Physical, Emotional and Mental – Three In One  <b>You’ve Got Dragons, After the Fall, Rosie Revere Engineer and My Hidden Chimp</b> to supplement these lessons and build resilience &amp; independence  <a href="https://schools.beano.com/lesson_plan_category/bouncebackability/">https://schools.beano.com/lesson_plan_category/bouncebackability/</a> for <b>great resources on mental health and wellbeing</b>  <b>British values additional lesson:</b>            &gt; Rule of Law  <b>RSE – Being Safe</b>            Wellbeing – Random Acts of Kindness</p>	<p><b>Mutual Respect</b>            &gt;  <a href="https://www.bbc.co.uk/programmes/articles/3wWbcGrYq210xzVjF9gHnqv/british-values-mutual-respect">https://www.bbc.co.uk/programmes/articles/3wWbcGrYq210xzVjF9gHnqv/british-values-mutual-respect</a>  <b>RSE – Families and the people who care for me – For The Birds and The Name Jar</b></p>	<p>Core Theme 1 Unit 8 Lesson 3: Emergency Calls – Ambulance Now  <b>British values additional lesson:</b>            &gt; Tolerance of different faiths and beliefs            Wellbeing – principles of nutrition</p>	<p>Core Theme 2 Unit 2 Lesson 1: Working Together – Name Game            Core Theme 2 Unit 2 Lesson 3: Shared Goals – Better Places</p>
Year 4	<p>Core Theme 1 Unit 6 Lesson 5: Internet Use – Online Usage            Core Theme 1 Unit 6 Lesson 6: Internet Use – Age Limits            Core Theme 3 Unit 3 Lesson 1: Gender Stereotypes – His and Hers  <b>&gt; Sex-education: Puberty and hygiene lessons</b>  <b>British values additional lesson:</b>            &gt;Democracy - School council vote.</p>	<p>Core Theme 2 Unit 3 Lesson 1: Reactions – Frustration            Core Theme 2 Unit 3 Lesson 2: Self-worth – I’m a Marvel            Core Theme 2 Unit 3 Lesson 3: Persistence and Resilience – Don’t Give Up            Core Theme 2 Unit 3 Lesson 4: Negative Persistence – Over and Over            Core Theme 1 Unit 5 Lesson 5: Feelings – Overreacting  <b>&gt; Caring Friendships: “Part of a Rainbow” book by Asaf Rozanes for circle time stimulation</b></p>	<p>Spring 1            Core Theme 1 Unit 3 Lesson 1: A Balanced Diet – Plant or Animal            Core Theme 1 Unit 3 Lesson 2: A Balanced Diet – Balancing Act            Core Theme 1 Unit 3 Lesson 3: Working with Food – Master Chef            Core Theme 1 Unit 3 Lesson 4: Working with Food – Our Food Hall</p>	<p>Core Theme 2 Unit 1 Lesson 4: Expressing Opinions – It’s Debatable            Core Theme 1 Unit 5 Lesson 3: Loss/Separation – Left Behind            Core Theme 1 Unit 5 Lesson 4: Family Changes – Two Homes  <b>&gt; Families &amp; People who care for me: “The Great Big Book of Families” by Mary Hoffman for circle time discussion</b>  <b>&gt; Respectful Relationships: PSHE fielder “RSE LKS2” Lesson 3: Healthy</b></p>	<p>Core Theme 1 Unit 4 Lesson 1: Identified Strengths – I’m Good at That            Core Theme 1 Unit 5 Lesson 6: Self-Respect – Let’s Rock            Core Theme 1 Unit 4 Lesson 2: Identified Strengths – Future Me            Core Theme 1 Unit 4 Lesson 3: Setting Goals – That’s My Goal            Core Theme 1 Unit 4 Lesson 4: Setting Goals</p>	<p>Core Theme 2 Unit 4 Lesson 1: Connections – Paper Chains            Core Theme 2 Unit 4 Lesson 2: Family Links – Family Tree            Core Theme 2 Unit 4 Lesson 3: Religious Views – Faith Findings            Core Theme 2 Unit 4 Lesson 4: Celebrate Diversity – Inside Outside            Core Theme 3 Unit 4 Lesson 1: Money Choices – A Million Dollars            Core Theme 3 Unit 4 Lesson 2: Managing Money – Design Choices</p>

	<p>&gt; Great Britain Topic Year A to cover: Topic lessons: Democracy, Rule of law, Individual liberty, Mutual respect, Tolerance of different faiths and beliefs</p>	<p>British values additional lesson: &gt; Great Britain Topic Year A to cover: Topic lessons: Democracy, Rule of law, Individual liberty, Mutual respect, Tolerance of different faiths and beliefs</p>	<p>&gt; Being Safe: Share Some Secrets from Reach Out Speak Out: <a href="https://www.youtube.com/watch?v=KeIO4v9c9RU">https://www.youtube.com/watch?v=KeIO4v9c9RU</a> how to spot inappropriate secrets, how members of family shouldn't ask you to keep secrets. British values additional lesson: &gt; Mutual Respect Year A: <a href="https://www.bbc.co.uk/programmes/articles/3wWbcGrYq210xzVjF9gHnqv/britishvalues-mutual-respect">https://www.bbc.co.uk/programmes/articles/3wWbcGrYq210xzVjF9gHnqv/britishvalues-mutual-respect</a> &gt; Rule of Law: Year B linked to Romans Topic</p>	<p>Relationships, Lesson 4: Unhealthy Relationships</p>	<p>– The Impossible Dream British values additional lesson: &gt; Tolerance of other-Class Worship focus</p>	<p>&gt; Extremism &amp; Radicalisation learning: PSHE Folder: Lesson 1 “Building Courage &amp; Resistance” British values additional lesson: &gt; Individual Liberty- Class Worship focus</p>
Year 5	<p>Core Theme 3 Unit 1 Lesson 1: Structure – Just Imagine Core Theme 3 Unit 1 Lesson 2: Law and Order – In Charge Core Theme 3 Unit 1 Lesson 3: UN Rights – Our Rights Core Theme 1 Unit 5 Lesson 1: Drugs – Just Say No Core Theme 1 Unit 5 Lesson 2: Alcohol – Drink Aware &gt; Sex Education: puberty &gt; Sex Education: Puberty follow up session using PSHE Folder: RSE Lesson 1 Forming Relationships &gt; Harassment: unwanted attention, gender harassment, Pantosaurus</p>	<p>Core Theme 1 Unit 4 Lesson 1: Death and Grief – It's Natural Core Theme 1 Unit 4 Lesson 2: Death and Grief - Poppies Core Theme 1 Unit 4 Lesson 3: Managing Conflict – Families at War Core Theme 3 Unit 2 Lesson 1: Community Event – We're Cultured Diversity Additional Lesson – William Wilberforce and Famous Christians British values additional lesson Year A &amp; B: Mutual Respect – researching Christmas traditions from</p>	<p>Core Theme 1 Unit 1 Lesson 3: Healthy Lifestyles – You Choose Core Theme 1 Unit 5 Lesson 3: Tobacco – Up in Smoke Core Theme 1 Unit 5 Lesson 4: Substance Abuse – Let's Be Frank British values additional lesson Year A: &gt; Rule of Law – researching &amp; understanding the rules regarding waste management; &gt; Democracy – investigating how public opinion through the democratic process can change government</p>	<p>Core Theme 1 Unit 1 Lesson 1: Physical, Emotional and Mental – 3-Dimensional Core Theme 2 Unit 1 Lesson 1: Confidentiality – Secret Info Core Theme 2 Unit 1 Lesson 2: Listening – I'm All Years Core Theme 2 Unit 1 Lesson 3: Responding – Scenarios British values additional lesson Year B: &gt; Democracy – compare Maya despotic rule with modern democracy; &gt; Acceptance of different faiths &amp; beliefs – exploring the life journeys of Hindu and Muslim followers through key</p>	<p>Core Theme 1 Unit 2 Lesson 1: Food Choices – Secret Eaters Core Theme 2 Unit 4 Lesson 1: Physical Contact – Touch Sensitive British values additional lesson Year A: &gt; Rule of Law – chn research how our legal system originated; &gt; Mutual respect: discussing friendships &amp; how we can respect someone's life choices</p>	<p>Core Theme 2 Unit 2 Lesson 1: Responding – Scrabble Core Theme 2 Unit 2 Lesson 2: Shared Goals – It's All Go Core Theme 2 Unit 2 Lesson 3: Community Spirit – All Join In Core Theme 1 Unit 5 Lesson 5: Basic First Aid – First Aid Tips British values additional lesson Year B: &gt; Mutual respect: discussing friendships &amp; how we can respect someone's life choices even if we don't like them; &gt; Tolerance: how people express their beliefs through art –see RE.</p>

	<p>don't ask to see others bodies.</p> <p>British values additional lesson Year A:</p> <ul style="list-style-type: none"> <li>&gt; Democracy – look at the origins of the democratic system in Ancient Greece;</li> <li>&gt; Individual Liberty – contrast of Athens &amp; Sparta (individual freedom in contrast to communal/collective responsibilities).</li> </ul> <p>British values additional lesson Year B:</p> <ul style="list-style-type: none"> <li>&gt; Democracy – look at the importance of the democratic system in Britain – what did people fight for in WWII?;</li> <li>&gt; Individual Liberty – contrast of UK &amp; Nazi Germany (individual freedom in contrast to dictatorship).</li> </ul> <p>&gt; Families &amp; People who care for me: Caring for Babies</p> <p>&gt; Caring Friendships: Literacy Shed “Origins” Circle Time activity (How make friends, challenges)</p> <p>&gt;Extremism &amp; Radicalisation learning: PSHE Folder: Lesson 2: Extreme Reactions</p> <p>&gt; Extremism &amp; Radicalisation learning: PSHE Folder: Lesson 3: Minority Groups</p>	<p>around the world &amp; how our own traditions are linked;</p> <p>Tolerance of different faiths &amp; beliefs – show the importance to show sensitivity to include those chn with a non-Christian heritage in our Christmas preparations.</p> <p>&gt; Respectful Relationships: Stereotypes Circle time</p>	<p>priorities about the environment;</p> <ul style="list-style-type: none"> <li>&gt; Individual Liberty - the right to protest and campaign.</li> </ul> <p>Acceptance of religious beliefs (Hinduism and Islam).</p>	<p>ceremonies.</p>	<p>even if we don't like them.</p>	
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<p>Year 6</p>	<p>&gt; Health and Wellbeing Sessions: F.R.I.E.N.D.S. Cognitive Behaviour Therapy</p> <p>&gt; Sexual harassment: Pantosaurus don't ask to see others bodies, unwanted attention, gender harassment, sexual harassment</p> <p>&gt; Respectful Relationships: Positive Health: boundaries</p> <p>&gt; Respectful Relationship: Positive Health: LGBT+ relationships, and supporting themselves and friends</p> <p>&gt; Puberty and Sex Ed sessions (including PSHE Folder RSE Lesson 2 Sexual Relationship quiz)</p> <p>&gt; Sex Education: "All about us" how babies are made/ how babies are born, parental responsibilities</p> <p>&gt; Being Safe: NSPCC "I saw your Willy"</p> <p>Core Theme 1 Unit 3 Lesson 1: Identified Strengths – Big Dreams</p> <p>Core Theme 1 Unit 3 Lesson 2: Identified Strengths – Big Achievers</p> <p>Core Theme 1 Unit 3 Lesson 3: Setting Goals – Super Futures</p> <p>Core Theme 2 Unit 3 Lesson 1: Race and Ethnicity – United States?</p>	<p>Core Theme 1 Unit 5 Lesson 6: Internet Safety – Fake News</p> <p>Core Theme 2 Unit 3 Lesson 3: Culture – Cultural Feast</p> <p>British values additional lesson Year B:</p> <p>&gt; Democracy – look at the importance of the democratic system in Britain – what did people fight for in WWII?;</p> <p>&gt; Individual Liberty – contrast of UK &amp; Nazi Germany (individual freedom in contrast to dictatorship).</p> <p>&gt; Extremism &amp; Radicalisation learning: PSHE Folder: Lesson 4 Vulnerability</p> <p>&gt; Extremism &amp; Radicalisation learning: PSHE Folder: Lesson 5 Terrorism</p>	<p>Core Theme 1 Unit 1 Lesson 4: Physical Illness – Bleugh</p> <p>Core Theme 2 Unit 4 Lesson 3: Marriage – I Promise...</p> <p>&gt; Caring Friendships: Literacy Shed: "Wings" Circle time about bullying</p> <p>&gt; Respectful Relationships: Self confidence, circle time using Dandelion video: <a href="http://www.thebullyproject.com/dandelion_bullying_is_for_people_with_no_imagination">http://www.thebullyproject.com/dandelion_bullying_is_for_people_with_no_imagination</a></p> <p>&gt; Alright Charlie video from Basic Training <a href="https://www.youtube.com/watch?v=OQllhqQea1g">https://www.youtube.com/watch?v=OQllhqQea1g</a> <a href="https://basisyorkshire.org.uk/resource/alright-charlie-cse-primary-school-resource/">https://basisyorkshire.org.uk/resource/alright-charlie-cse-primary-school-resource/</a></p> <p>Covering being exploited by older children, online grooming and what to do.</p> <p>British values additional lesson Year A:</p> <p>&gt; Rule of Law – researching &amp; understanding the rules regarding waste management;</p> <p>&gt; Democracy – investigating how public opinion through the democratic process can change government priorities about the environment;</p> <p>&gt; Individual Liberty - the right to protest and campaign.</p> <p>Acceptance of religious beliefs (Hinduism</p>	<p>Core Theme 1 Unit 1 Lesson 5: Healthy Minds – Young Minds</p> <p>Core Theme 2 Unit 4 Lesson 4: Mental Wellbeing – Mind Business</p> <p>Core Theme 2 Unit 4 Lesson 2: Support and Care – Connections</p> <p>British values additional lesson Year B:</p> <p>&gt; Democracy – compare Maya despotic rule with modern democracy;</p> <p>&gt; Acceptance of different faiths &amp; beliefs – exploring the life journeys of Hindu and Muslim followers through key ceremonies.</p>	<p>Core Theme 3 Unit 3 Lesson 1: Budgeting – Money Supermarket</p> <p>Core Theme 3 Unit 3 Lesson 2: Consumer Sense – Payment Terms</p> <p>Core Theme 3 Unit 3 Lesson 3: Consumer Sense – A Class Catalogue</p> <p>&gt; Respectful Relationships: David Guetta Titanium Video: perception, stereotypes, bullying, selfesteem, standing up for yourself (literacy link)</p> <p>British values additional lesson Year A:</p> <p>&gt; Rule of Law – chn research how our legal system originated;</p> <p>&gt; Mutual respect: discussing friendships &amp; how we can respect someone's life choices even if we don't like them.</p>	<p>Transition Project: 'You are Awesome' – Positive Mindset and Preparing for Change</p> <p>British values additional lesson Year B:</p> <p>&gt; Mutual respect: discussing friendships &amp; how we can respect someone's life choices even if we don't like them;</p> <p>&gt; Tolerance: how people express their beliefs through art –see RE.</p>
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	<p>British values additional lesson Year A:</p> <ul style="list-style-type: none"> <li>&gt; Democracy – look at the origins of the democratic system in Ancient Greece;</li> <li>&gt; Individual Liberty – contrast of Athens &amp; Sparta (individual freedom in contrast to communal/collective responsibilities).</li> </ul>		and Islam).			
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### **Colour Codes**

RSE

British Values

Radicalisation and Extremism

### **Unit Themes - 3D PSHE Areas from Year 1 Onwards:**

Core Theme 1: Health and Wellbeing

Core Theme 2: Relationships

Core Theme 3: Living in the Wider World

### **Implementation**

We deliver our PSHE, RSE and Wellbeing curriculum in 3 ways:

Stage 1: Our planned curriculum

All classes have the flexibility to add “circle time” activities specific to any class, local or national needs.

This means there is ongoing personalisation.

The long-term planning is based on the Dimensions 3D PSHE curriculum. It is progressive over the different year groups and spirals to embed three core themes:

- > Health and Wellbeing

- > Relationships

- > Living in the Wider World

We have personalised the curriculum further adding planned lessons to cover ‘extremism and radicalisation’ and ‘British Values’

We also have planned Relationship and Sex Education lesson which cover the units:

- > Families and people that care for me

- > Caring Friendships
- > Respectful Relationships
- > Online Relationships
- > Being Safe
- > Sex Education

(Our RSE curriculum was consulted on with parents in 2019).

Whilst our long-term planning lists lessons in core themes they often overlap.

Online Relationships and e-safety are also taught throughout the Computing curriculum.

British Values are also taught cross curricular and in Collective Worship each week using the Picture

News Resources, which link British Values to current affairs.

Additional planned safety lessons: The school has a safety mascot, Safety Mouse, who gives a weekly safety message, these are often responsive to local and national needs, but there are also at least 6 planned safety elements covered with each term, see long term planning.

Stage 2: Character education , cultural capital and personal development

Complementing our planned curriculum are other ongoing elements linked to providing character education and support pupils personal development.

These are available for all pupils to engage with and include the following opportunities:

Key Stage	Personal Development Opportunities
Reception	Forest School Fridays - Grandparents Day - Hands on Learning: Washing and Changing - Babies Washing Cars - Themed Days - Balance Bikes - Trips - Nativity performance - Buddy System - Key Workers/ Local Hero Visitors - Roleplay
KS1	School Council Reps - Visitors - Trips - Hands on Learning: GFoL - Kyrá School Council - Clubs - Music Tuition - Gymnastics - Swimming (Y2) - Chinese Workshops - Diwali Day - Makaton Sessions - MFL - Artist of the Term - World Book Day - Performing in a Pantomime
LKS2	School Council Reps - Visitors - Trips - Hands on Learning (eg Vikings) - Awe and Wonder committee - Enthused and Talented Clubs - Reephams Rangers

	(SMSC) - Kyra School Council - Themed Days - Music Tuition - Artist of the Term - Makaton Sessions - MFL - Enrichment planned activities (cooking) - Performing on a Stage - Inter school sports - Lincolnshire day
UKS2	School Council Reps - Pembroke Secondary sessions - Performances - Music Tuition - MFL - Residential Trips - Visitors - Trips - Hands on Learning (eg WWII Food) - House Captains - Tuck Shop monitors - Reepham Rangers - Enthused and Talented Clubs - Buddy System with Reception - Clubs - Road Safety Officers - Monitor System - Harvest Festival - World Book Day - Artist of the Term - Makaton Sessions - MFL - Team Sports - Church School Festival - Construction Day - Working with the University on Radio Shows - Performances and making a video for an audience
Ongoing Careers Links	Careers links to different subjects - visitors (from both selected aspirational roles, community jobs and pupils 'dream jobs) STEM club - Enthused and Talented clubs - Careers Week - Entries stalls at Easter cafe/events - Tuck shop where they sell and buy - Stalls at Fairs

### Reepham Rangers

Reepham Rangers is a badge based system (like Scouts) where pupils complete specific challenges to complete badges. These have been planned to enhance the National Curriculum, pupils Cultural Capital, Character Education, PSHE and Church Values.

Badges are available in the following areas:

- Resilience
- Social Action
- Teamwork
- Arts
- Our World

### Additional Cultural Capital opportunities

Reepham school ensures Cultural Capital opportunities run throughout the curriculum, many are detailed in the Personal Development section above.

On top of this, the school has:

> A planned "music genre" of the term where each class learns about a different musician, this is also linked to generating progressive debate opportunities in Class Collective Worships.

- > The school has a planned out Artist of the term with a linked competition
  - > The school uses Picture News weekly for the children to understand global events.
  - > Across our curriculum we ensure pupils see a range of art and artefacts from different cultural and time periods (such as in RE, History and Geography units).
  - > We ensure trips are relevant and inspiring as well and we bring in a range of visitors.
  - > We ensure we have intergenerational activities such as grandparents mornings, working with the local community and run village events such as Carols Around the Christmas tree so the young can learn and be inspired by a different generation.
  - > One day a week the School Council runs a tuck shop in school to give children of all areas the experience of buying an item.
  - > We ensure Personal Characteristics are celebrated and that traditionally underrepresented groups are a strategic focus within our curriculum: individual subjects have Celebrating Diversity opportunities within their long-term planning, characters in displays and worksheets, such as maths, come from a range of backgrounds and specific thought has been given to the representation of different groups within our class library's (see appendix 2).
- The school also has an Everyone Is Awesome display where pupils can leave the headteacher notes on what makes us all awesome.
- To aid social mobility we prioritise vulnerable groups such as disadvantaged pupils and those with SEND to take part in these events, for example paying for trips and/or additional resources and giving priority spots in our lunch time clubs.

### Stage 3: Tailored interventions

We offer interventions in two ways:

#### 1: Pupil led/ initiated pastoral interventions

- Pupils can use class Worry Monsters to book a 'time to talk slot'
- Pupils are told they may ask any adult for time to discuss anything
- Pupils can ask a "wellbeing warrior" (child who has a star badge) for advice
- Parents are also told to get in touch if they would like their child to access pastoral support

#### 2: School Planned Pastoral interventions

- Pupils may have intervention planned through provision mapping or IEPs
- All disadvantaged pupil premium pupils have an individual profile that is created annual in discussion with their families
- Some pupils are identified by their teachers for short or longer term pastoral support
- The Stirling Wellbeing Scale is used to identify pupils needs
- Certain questions from The Stirling Wellbeing Scale are put into the annual pupil questionnaire to identify emerging needs (for individuals or cohorts)

Planned sessions include:

- Time to talk session

- Lego Theory
- Cognitive Behaviour Session
- Think Good Feel Good sessions
- Social Stories
- Socially Speaking session
- Feelings Detectives
- Self Esteem Support
- Overcoming Anxiety

Key staff have had training in different areas including basic counselling, bereavement and mental health first aid. We also work with specific agencies when needed including: counsellors, specialist teaching teams

#### **Safety Mascot - Safety Mouse: Additional Safety Sessions**

*To compliment the planned safety lessons, we also have a safety mascot, Safety Mouse, who delivers a weekly safety message to the pupils. The safety measures can be adapted to address local and/or national emerging needs, but there are also planned safety messages that will be covered annually. These include:*

Autumn	Spring	Summer
Germs - Washing Hands Be Safe on the lane Catch it, Kill it, Bin it - colds and germs E-Safety Trick and Treat safety Bonfire Night safety Be Safe Be Seen Fire Safety	Keeping Warm Safety around the house (including electricity) Pantosaurus - keeping privates private Road Safety E- Safety Bicycle Safety Skateboard Safety Building Site Safety Playing Outside	Cooking / Food Safety Stranger Safety Train - Line Safety Sun Safety Water Safety E - Safety Summer Holiday Safety

#### **Appendix 2 : Protected Characteristics, Diversity and Underrepresented Groups in Class Library's**

As well as planning to increase representation in all subject long term plans we have also ensured these groups are included in the inspiring and engaging books children access as class and home readers. Below are some of the books we have on offer (this list is not exhaustive):

Underrepresented Group	EYFS Books	Key Stage 1 Books	Lower Key Stage 2 Books	Upper Key Stage 2 Books
<b>BAME Main Characters</b>	Hair So Much LuLu's First Day Clever Fink Eyes that Speak to the stars	Look Up We're going on a Lion hunt Amazing Grace Marty Monster Riley can be Anything Hair Love Eyes that Kiss the Corners Marv Billy the Beast My Beautiful Voice Sulwe Nimesh the Adventurer Aziza's Secret Fairy Door	Planet Omar The fastest Boy in the World Marvelous Granny Jinks Ninja Kid Shona Word Detective Elle and the Cat A Robot Squashed my Teacher Cookie Space Detectives	Fireweed Happy Here Black Poppies High Rise Mystery The Tigers in the Tower Jaz Santos vs the World Cameron Battle Onyeka Dragon Mountain The Breakfast Club Adventures Miles Morales Shockwaves Llama out Loud
<b>Cultural Diversity</b>	Handa's Surprise Over The Green Hill Diwali Day Elmer Toddle Waddle	Whoever You are I'll take you to Mrs Cole The Most Exciting Eid Polonius Kasia's Surprise The Proudest Blue Gregory Cool Little Glow The Neighborhood Surprise	Sam Wu The Name Jar The Lost Homework Rumaysa Mayhem Mission No.1 Car Spotter Nikhil and Jay Save the Day Ramadan Moon	Holes Boy in the Stripped Pyjamas The Boy in the Back of the Class Danny Chung Does not do Maths Kiki Kallira Little Badman Front Desk

		The Gifts that Grow My Grandma and Me	A Year of Celebrations	Agent Zaiba Goddess What Lexia Did Granny Ting Ting Nura and the Immortal Palace
<b>Neurodiversity</b>	Loud Ruby's Worrry	My Brother is an Astronaut Me and My sister Pablo and the Noisy Party Bear Shaped Leo and the Octopus	Double Felix Noah Scape Cally & Jimmy The Dog that saved Christmas	Curious Incident of the Dog in the Night Show us who you are The Boy with the Butterfly Mind Can you see me All the Things that could go Wrong
<b>Physical Disabilities</b>	Giraffes Can't Dance Amazing Norman's Library selection	Amazing All are welcome Haylee's Friends Fun in the Sun Splash Frida Kahlo Seal Surfer My must have Mum	Me and Mr P Rainbow Magic Elsie the Engineer Cyborg Cat The Christmasaurus Me and Mister Pip	Wonder The Secret Garden The Taylor Turbochaser A Dangerous Game Gracie Fairshaw The Bubble Boy
<b>Different Types of Families</b>  <b>Gender Diversity</b>	Our Families Monkey Puzzle Julian is a Mermaid Mr Big Stick Man	Whose in my family Two Homes The Pirate Mums Milo Imagines the World My Big Fantastic Family Forever Star	My Pink shadow Part of a Rainbow The Exploding Life of Scarlette Boy in the Dress Granny's Great	A Boy called Hope Lily Alone Dustbin Baby Little Women The Boy in the Girls Bathroom

			Escape Harley Hitch and the Iron Forest Bill's New Frock B.U.G. Shona Sharma Picture Perfect The Last Firefox	Spaghetti Hoop Boy Secrets of Sam and Sam Patina The Star Outside My Window
<b>Visual Impairment and Hearing Loss</b>	Our Class is a family Specs for Rex	Listen Lizzie and Lucky What the Jackdaw Saw Stevie Wonder	Harriet Vs the Galaxy Cinnamon The Boy in the Jam Jar Max and the Millions	El Deafo Can you feel the Noise Extraordinary Colors of Auden dare The Distance between me and the Cherry Tree
<b>Conditions and Speech Disorders</b>	No-Bot Titch	It's ok to be different A Rainbow of Friends Wanda's Words Got Stuck Max the Champion The Perfect shelter	An Alien in a jam factory Football Academy Arron Slater Lizzie Zipmouth I talk like a River	Running on Empty The Boy who made Everyone Laugh A storm of Strawberries Check Mates