

Today is National **e-safety day** so we thought it was a good time to remind parents and careers that our website has lots of information about how to keep yourself and your child safe online. There are downloadable guides about how some of the most popular games and apps work, and how you can change settings to help pupils stay safer online.

⇒ These guides can be found on our website [www.reepham.lincs.sch.uk](http://www.reepham.lincs.sch.uk) under the +e-safety tab. There is also a list of apps we regularly use in school. Note: we have specialist filtering software to make the internet safer. We often update our guides and always inform parents via the 'Our Schools App'. A number of parents have noticed this app doesn't always display messages correctly, this happens after your phone has updated and a simple fix is to reinstall the app.

**We tell children if they see anything they don't like they should shut down the page and tell an adult. It is important that they feel they can tell an adult without getting in trouble or 'banned' from going online!**

In school we start e-safety from Reception and every term there is a whole school focused Assembly looking at staying safe on the internet. In classes, pupils have age specific lessons where they explore e-safety. We recommend all parents and carers take the time to find out about e-safety, some very useful websites are:

<https://www.thinkuknow.co.uk> **Thinkuknow**- aims to ensure that everyone has access to this practical information – children, young people, their parents and carers and the professionals who work with them.

<https://www.ceop.police.uk/safety-centre/> **CEOP**- works with child protection partners across the UK and overseas to identify the main threats to children and coordinates activity against these threats to bring offenders to account.

**NSPCC**- Keeping Kids Safe online <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

If you would like to watch some information videos about different apps, we recommend those on Youtube produced by 'Stay Safe- EPA E-Safety Series':

[https://www.youtube.com/playlist?list=PLERnkZv1LIYZa7ZR1xROHvHhIOo\\_jgAGu](https://www.youtube.com/playlist?list=PLERnkZv1LIYZa7ZR1xROHvHhIOo_jgAGu)

*For your convenience we have attached some age recommendations relating to popular games and apps used at home.*

E-Safety Top Tips: The following recommendations are taken from:  
<https://www.net-aware.org.uk/networks/> and  
<http://www.askaboutgames.com/>

Keeping your child safe online. Approximately 59% of children have already used a social network by the time they are 10.'

### Social Media:



Facebook  
Minimum age: **13**



Instagram  
Minimum age: **13**



Snapchat  
Minimum age: **13**



Musical.ly  
Minimum age: **13**



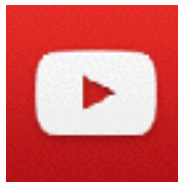
Ask FM  
Minimum age: **13**



Twitter  
Minimum age: **13**



WhatsApp  
Minimum age: **13**



YouTube  
A hugely popular video app  
make sure children are not  
identifiable in videos.

**Popular Games:** We know pupils from our school talk about playing the following games. Games have a PEGI rating, this is equivalent to an age classification on a film. Children below the age SHOULD NOT have access to the games.



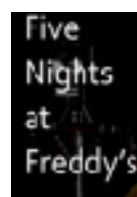
Grand Theft Auto  
Minimum age: **18**



Assassin's Creed  
Minimum age: **18**



Call of Duty  
Minimum age: **18**



Five Nights at Freddy's  
Minimum age: **12**